

# Sierra Autumn Grasso

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## CLINICAL WORK EXPERIENCE

**Landmark Medical Center**, Woonsocket, RI September 2025 - Present

- Robotic general surgeon with a practice including hernia/abdominal wall, foregut and colorectal/anal procedures
- Provide wound care management one clinic day per week in the local wound care center

## MEDICAL TRAINING & EDUCATION

**Board-Certified General Surgeon**, American Osteopathic Board of Surgery September 2024

**Staten Island University Hospital**, Staten Island, NY August 2024 – July 2025

Fellow Physician – Minimally Invasive Surgery

- Staten Island University Hospital Professionalism Subcommittee Member
- American Society of Metabolic and Bariatric Surgery (ASMBS) Surgical Technique and Advanced Robotics Training (START) Program Member, 2024-2025
- ASMBS The FELLOW Project Participant, 2024-2025

**Stony Brook Southampton Hospital**, Southampton, NY July 2019 – June 2024

**Peconic Bay Medical Center**, Riverhead, NY

**Stony Brook University Hospital**, Stony Brook, NY

**New York-Presbyterian Columbia University Irving Medical Center**, New York, NY

Resident Physician – General Surgery

- Designed an informed consent workshop for incoming interns
- Led multidisciplinary creation of improved wound care documentation within a community hospital
- Provided continuing education on wound management to the medical team for optimal patient care

**Stony Brook Southampton Hospital**, Southampton, NY June 2018 – June 2019

Resident Physician – Transitional Year, preliminary

**Ohio University Heritage College of Osteopathic Medicine (OUHCOM)**, Athens, OH July 2013 – May 2018

Doctor of Osteopathic Medicine

**The Ohio State University**, Columbus, OH September 2007 – June 2012

Bachelor of Science in Atmospheric Sciences, GPA 3.87

## NATIONAL SURGICAL INVOLVEMENT

**Active Member** in the following organizations:

- Society of American Gastrointestinal and Endoscopic Surgeons (SAGES)
  - **Patient Engagement Task Force (PETF) Co-Chair**
  - Advocacy and Health Policy Committee Member
    - **Alternate Delegate for the AMA House of Delegates**
- American Hernia Society (AHS)
  - Patient Advocacy Committee Member
- American College of Surgeons (ACS) Associate Fellow
- American Medical Association (AMA) member

## PUBLISHED SOCIAL MEDIA PIECES

- **“In Response to Dr. Oz,”** the 17<sup>th</sup> Administrator of the Centers of Medicare & Medicaid Services, who lectured at the 2025 American Medical Association House of Delegates Interim Meeting on November 17, 2025. Opinion essay, written November 30, 2025.
  - Accepted for publication on KevinMD.com December 7, 2025

## AWARDS & HONORS

- General Surgery Chief Resident, 2023-2024
- General Surgery Intern of the Year, 2019-2020
- Osteopathic Heritage Award, 2018

Presented by the Executive Dean to one graduating medical student for excellence in leadership, professional involvement and commitment to osteopathic principles

- Sigma Sigma Phi, 2014 – Present
- Huntington Award recipient, 2011  
Awarded to two students annually who exemplify outstanding academic and extracurricular achievement from the Department of Geography at The Ohio State University
- Phi Beta Kappa, 2011 – Present

### **RESEARCH PUBLICATIONS, POSTERS & ABSTRACTS**

- **Poster Presentation**, “SADI: The Hard Thing is Always the Right Thing,” Video accepted in poster format at ASMBS Annual Meeting 2025, American Society for Metabolic and Bariatric Surgery, Washington, DC, presenting June 17, 2025
- **Video Presentation with accepted abstract**, “Transgastric Lap Band Removal,” Abstract accepted at SAGES 2025 Annual Meeting, Society of American Gastrointestinal and Endoscopic Surgeons, Long Beach, CA, presented Wednesday March 12, 2025
- **Video Presentation with accepted abstract**, “Robotic Diaphragmatic Repair: Morgagni and Hiatal Hernias,” Abstract accepted at SAGES 2024 Annual Meeting, Society of American Gastrointestinal and Endoscopic Surgeons, Cleveland, OH, presented April 17, 2024
- **Video Presentation with accepted abstract**, “Robotic Preperitoneal Morgagni Hernia Repair with Mesh,” 2023 Annual Meeting, American Hernia Society, Austin, TX, presented September 23, 2023
- **Video Presentation with accepted abstract**, “Interstitial Hernia following Abdominal Wall Trauma” Minimally Invasive Surgery Week 2022, Society of Laparoscopic & Robotic Surgeons, New Orleans, LA, presented September 8, 2022
- **Virtual Poster Presentation**, “Renal Artery Dissection as an Overuse Injury” Stony Brook Southampton Hospital, Southampton, NY, presented May 27, 2021
  - Second Place winner for case presentations
- **Virtual Poster Presentation**, “Renal Artery Dissection as an Overuse Injury” Peconic Bay Medical Center, Riverhead, NY, presented May 5, 2021
- **Poster Presentation**, “Dissection of the Ectopic Kidney” Peconic Bay Medical Center and Stony Brook Southampton Hospital Poster Competition, Riverhead and Southampton, NY, presented January 21, 2020 and April 20, 2020
- **Poster Presentation**, “Sigmoido-Cecal Fistula” Peconic Bay Medical Center and Stony Brook Southampton Hospital Poster Competition, Riverhead and Southampton, NY presented January 21, 2020 and April 20, 2020
- **Poster Presentation**, “Anorexia Nervosa Complications in the Postoperative Management of an Acute Abdomen: A Case Report.” 2018 Annual Clinical Assembly of Osteopathic Surgeons (ACA), American College of Surgeons, Atlanta, GA, presented October 18, 2018
- Grasso S, Laurel M, Lewis J, Naiyer M, Ricca R, Keckeisen G. **Renal artery dissection as an overuse injury.** *SAGE Open Med Case Rep.* 2020;8:2050313X20951362. Published 2020 Sep 30. doi:10.1177/2050313X20951362.
- Van Ravenswaay VJ, Hain SJ, Grasso S, Shubrook JH. **Effects of Osteopathic Manipulative Treatment on Diabetic Gastroparesis.** *J Am Osteopath Assoc.* 2015;115(7):452-458. doi: <https://doi.org/10.7556/jaoa.2015.091>.

### **LEADERSHIP & TEACHING**

**OUHCOM Local Chapter Founder, Association of Women Surgeons**, Athens, OH      May 2017 – May 2018

- Created an OUHCOM local chapter for all three extension campuses
- Acted as an adviser to the new executive board in development of their leadership skills
- Supported organization of suture clinics, lectures and speakers for the inaugural academic year
- Encouraged participation in group events by marketing through social media and word of mouth
- Led an interactive lecture for medical student members about residency applications, including a timeline of third and fourth year, and expectations during the process

**Osteopathic Manipulative Medicine (OMM) Fellow**, Athens, OH      August 2016 – August 2017

- Taught 250 first-year medical students across three extension campuses using teleconferencing
- Provided at minimum ten hours of tutoring and mentoring each week
- Developed the rubrics for first and second year OMM exams under the direction of a faculty mentor
- Updated the educational SOAP note format students use during OMM labs

- Participated in faculty development training with work towards excellence in leadership skills, giving effective lectures, personal professional development, giving effective feedback, and negotiation and meeting management

**Chair, Student American Academy of Osteopathy (SAAO), Indianapolis, IN**      March 2016 – March 2017

- Created the student program for the 2017 American Academy of Osteopathy (AAO) Convocation
- Led the national executive board to advocate on behalf of its 8000 student members through promotion of education and research in OMM
- Advocated for the most beneficial financial, promotional, educational and research plans while participating in the AAO Board of Trustees as a voting member on behalf of student membership
- Examined the SAAO bylaws for incongruities and revised them to reflect the unified interest of the AAO and SAAO
- Voted on the Leadership Panel during the National Osteopathic Student Caucus to create the official student position on proposed house resolutions for the year
- Redesigned the content of the SAAO webpage released in 2016 and provided continual updates throughout the year

**Lecturer, The Ohio State University Department of Chemistry, Columbus, OH**      August 2012 – May 2013

- Monitored students during the completion of organic chemistry laboratory exercises while ensuring safety and incorporating conceptual information into the content for the day
- Graded assignments for accuracy and effort through rigorous evaluation of understanding
- Encouraged communication with students to target common conceptual gaps and to facilitate answering student questions

**CERTIFICATIONS**

- Basic Life Support (BLS), expiration April 2026
- Advanced Cardiovascular Life Support (ACLS), expiration April 2026
- FLS, FES and FUSE Certified through SAGES, 2025
- Intuitive Training Certificate for Da Vinci Xi Surgical System, November 2024
- Advanced Trauma Life Support (ATLS), completed June 2019, recertified March 2024